

Keep Pressing

By: Donecia Dunn

As a teen, I encounter many roller coasters throughout life, some wilder than others. It's great to have people in my life who are concerned and really love me such as my family who are always there to support me, the school, close friends, Pastor Willis & First Lady Sallie as well as my church family who always encourages me. It's a blessing to know that I can call them anytime of the day or night and they are always there. I'm so grateful for them and I love them so much for always encouraging me in the things of God. Growing up, being in church, and living for God are some of the hardest things to do as a teen. I am faced with many temptations such as peer pressure, friends who don't know God the way you do, and relationships. During my roller coaster experience I learned to keep the faith and keep moving. I never doubt God and his power. Every time I'm faced with challenges I remember what Pastor says, "Why sit around and have a pity party, when you can have a praise party."

With that being said, don't lose your faith no matter how bumpy the ride may be. When your back is against the wall, God will protect you and keep you in perfect peace because he knows your heart and your thoughts. Even though I have gone though some really hard times, I have been faithful to God and I trust God for his Word! God has been with me every step of the way and I thank him.



"I press toward the mark for the prize of the high calling of God in Christ Jesus."

Philippians 3:14

Keep Pressing On And Don't Give Up

- Don't ever give up, no matter what you go through or what you face in life.
- Whatever you face or go through always lean and depend on God.
- The race is not given to the swift nor the strong but to those who endure to the end. By enduring to the end is when you reach your goal.

Always remember that no one is exempted from the battleground. So run, walk, or crawl if you have to, but don't ever give up. Keep Pressing and you Win.

Bible Word Search: CROSS, TOMB, & RESURRECTION

В D M L OKS S Y Y U D R E \mathbf{E} R V E Α O Ρ zQ Е G Ι Η \mathbf{E} AVE Ν S V V S D D Η L R S F D R Р V Α 0 U W 0 0 0 E G \mathbf{E} \mathbf{L} D Y \mathbf{E} R M Q Μ Х V Ι \mathbf{E} C J G U В Ρ Α S S 0 R C K L J S F Ι Η C т C N N Х K S Ι Ι \mathbf{z} Ι R S \mathbf{z} D S Q Ι Ι Ν W \mathbf{E} 0 Ρ 0 F S K K K Μ Y H N S Ν Ν L 0 Ι \mathbf{T} \mathbf{E} т JΚ D Ι Х V K В Α Н М UME D 0 C I Ν Р R C Α S K M Q С Υ В 0 Ν Q Ν G 0 L URRECT R E S I O N Е

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MAGDALENE
RESURRECTION
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ASCENSION
DISCIPLES
HEAVEN
NICODEMUS
ROMANS
THORNS

CROSS
EASTER
JESUS
REDEMPTION
SALVATION
TOMB